WHAT IS CLAIMED IS:

- 1. A condom held and rolled on a ring (3) while the opening in the tubular region of the condom is expanded, the ring (3) comprising a rigid ring (4), a lubricant layer (7), and a rotor (5) wherein the rigid ring is sheathed via the lubricant layer with the rotor and the ring (3) is removable after placement of the condom.
- 2. The ring (3) according to claim 1, for use in rolling the tubular region of an expandable and shrinkable article thereon.